

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM		Arrive in Belize City, met by R2R staff at airport.	Introduction to TIDE through different sessions and meet members of TIDE staff team	Big Falls village orientation/visit internet café	Dive theory – personal study time. Pre-certified divers attend fish ID class	Dive theory – personal study time. Pre-certified divers go on birding tour with local guide.	Travel to Abalone Caye. Intro to PHMR from marine rangers.
PM		Travel to Big Falls in R2R tour van, stopping for lunch on route	Health & Safety briefings, visas. Assign dive kit. Swim off TIDE dock.	River tubing and visit to hot springs in Big Falls	Confined pool dive 1. Pre-certified divers relax at resort pool.	Confined pool dive 2. Pre-certified divers relax at resort pool.	Open Water swim tests. Snorkel at Snake Cayes. Travel to PCNP
Evening		Dinner & welcome meet and greet and settle in	Welcome drinks with TIDE staff	Give out PADI & EFR manuals	Green drinks at Belcampo resort	Relax	Intro to PCNP. Health and safety briefing.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Open Water dive 1	Open Water dive 3	Advanced Open Water theory. Go through knowledge review 1 with instructor. Pre certified divers go on birding walk.	AOW dive 2. Pre-certified divers go on fish ID dive	EFR theory	EFR exams.	TIDE Tour: Zip-lining
PM	Open Water	Open Water	AOW dive 1.	AOW dive 3.	EFR practical	Finish EFR	Relax

	dive 2	dive 4	Pre certified divers go on fun dive.	Pre-certified divers go on fish ID dive	session	paperwork	
Evening	Go through dive knowledge reviews with instructor	Dive exams	Go through dive knowledge reviews 2&3 with instructor			Evening out in PG.	Intro to manatees class

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Introduction to turtles lecture	Prepare activities for summer camp	Manatee survey	Dig Hicatee pond.	TIDE Tour - Blue Creek Cave	Travel to Sapodilla Cayes	AOW dive 5. Pre certified divers go on fun dive.
PM	Beach profiling practical training	Beach profiling	Travel to TPPL. Intro to TPPL. Dig Hicatee pond	Kids Summer camp activities.	TIDE Tour – Rio Blanco waterfall	AOW dive 4. Pre certified divers go on fun dive.	Beach clean. Travel to PG
Evening	Turtle nest beach patrols	Turtle nest beach patrols		Review AOW dive knowledge reviews 4&5	Creole drumming school class and meal out	Camp overnight at Hunting Caye	Finish AOW paperwork – all dive certs finished!!

Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Prepare for TIDE presentation	Biodiversity monitoring practical training	Biodiversity transects	Visit to Golden Stream field station and plant nursery	Relax	TIDE Tour – Lubaantun Maya ruins	Biodiversity transect at Big Falls
PM	Travel to PCNP. Intro to Yellow Headed parrots and amphibians	Turtle patrol and beach clean up	Travel back to PG. Presentation to TIDE staff about expedition so far.	Relax	Relax. Travel to PG for volleyball at TIDE with staff at TIDE compound.	TIDE Tour – San Antonio waterfalls	Bird call ID training with TIDE rangers
Evening	YHP monitoring/ amphibian monitoring	YHP monitoring/ amphibian monitoring	Meal and evening out in PG	Relax	Evening in PG	Movie night	

Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Travel to TPPL. Dig Hicatee pond/paint educational signs	Biodiversity transects	Biodiversity transects	Manatee surveys (optional extra for those with lots of energy!)	Manatee surveys (optional extra for those with lots of energy!)	TIDE Tour – Ixcacao chocolate making	Relax
PM	Dig Hicatee pond/paint educational signs	Dig Hicatee pond/paint educational signs	Boardwalk construction. Travel to PCNP	Beach clean up	Turtle beach patrol/beach clean up. Return to PG	TIDE Tour – Ixcacao chocolate making	Relax
Evening			Turtle patrols	Turtle patrols	Evening drinks in PG	Movie night	Evening in PG

Week 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Intro to conch monitoring	Dive – conch monitoring	Dive – conch monitoring	Dive – conch monitoring	Dive– conch monitoring	TIDE Tour – Nim Li Punit	Relax
PM	Dive – conch monitoring practical training	Dive – conch monitoring	Dive – conch monitoring	Dive – conch monitoring	Dive – conch monitoring. Travel to PG	TIDE Tour - Maya Immersion	Relax
Evening					Drinks in PG		

Week 7

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Intro to riverbank monitoring	Riverbank monitoring in kayaks	Riverbank monitoring in kayaks	Reforestation	Boardwalk construction	Visit to local lodge hot springs	Relax
PM	Paint educational signs	Riverbank monitoring in kayaks	Riverbank monitoring in kayaks	Reforestation	Boardwalk construction	Visit to local lodge/hot springs	Relax
Evening	Fish ID class					Evening out in PG	

Week 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Dive – conch monitoring	Turtle beach clean up	Dive – sea cucumber monitoring	Dive – sea cucumber monitoring	Relax	Relax	Relax
PM	Dive – conch monitoring	Turtle beach clean up	Dive – sea cucumber monitoring	Dive – sea cucumber monitoring	Dive – sea cucumber monitoring	Fun dives	Travel back to PG
Evening		Intro to sea cucumbers		Turtle patrols – camp overnight on caye	Turtle patrols – camp overnight on caye	End of monitoring meal at Moho Caye	Movie night

Week 9

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Relax and packing	TIDE Tours - waterfall	All depart for airport				
PM	Cooking class – learn how to make tortillas and other local specialities.	Team activities through Art Corp workshop	Flights home				
Evening	Evening out in PG	Farewell meal					